



PROIECT ERASMUS + AIDEES

Erasmus + Project

**Emphasising Inclusion by Developing mutual aid and
Solidarity in Europe**

Accentuons l'Inclusion en Développant en Europe

l'Entraide et la Solidarité (AIDEES)

2020 - 2022



Titlul: **Accentuons l'Inclusion en Développant en Europe l'Entraide et la Solidarité (AIDEES)**

Numar proiect / Agreement Number : **2020-1-FR01-KA202-080287**

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Parteneriat pentru cooperare si schimb de bune practici - 5 scoli implicate

Durata: 2 ani - **2020-2022**

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Scoala coordonatoare: ISSEC PIGIER (ADMINISTRATION AND ACCOUNTING TECHNICAL SCHOOL), Toulouse, Franta - cod OID: E10098638

Parteneri:

- ✓ COLEGIUL NATIONAL "GHEORGHE LAZAR" Bucuresti - cod OID: E10070509, reprezentat de IONELA NINA NEAGOE, Director, site web: <https://cnlazar.ro/>
- ✓ IIS PAOLO SAVI - Viterbo, Italia - cod OID: E10193518, site web: <https://www.itcsavi.edu.it/>
- ✓ COLEGIO PÚBLICO DE EDUCACIÓN ESPECIAL EL SOMNI - Sant Joan D'Alacant, Spania - site web: <https://portal.edu.gva.es/elsomni/es/>
- ✓ IES LLOIXA, Sant Joan D'Alacant, Spania - cod OID : E10008488, site web : <https://portal.edu.gva.es/ieslloixa/>
- ✓ ŠOLSKI CENTER SREČKA KOSOVELA - Sežana, Slovenia - cod OID: E10094693, site web: <http://www.ss-sezana.si>

Proiectul isi propune constientizarea necesitatii de deschidere catre acceptarea si includerea in societate, inca din mediul scolar, a persoanelor in situatie de handicap sau avand diferite tulburari psihice, cognitive sau de relationare. De asemenea, pentru ca profesorii sa ii poata sprijini pe elevi in parcurgerea cu succes a procesului de invatamant, se va urmari imbunatatirea competentelor didactice, in concordanta cu nevoile elevilor.

Echipa de proiect din liceu : 22 de elevi, 5 profesori

Derularea proiectului in conditiile actuale de pandemie a determinat o adaptare continua : întâlniri online, recurgerea la tehnologie mai accentuata decat la alte proiecte, mobilitatea din Slovenia, la care am participat online, alaturi de partenerii italieni, colaborare la distanta cu partenerii locali, pentru siguranta copiilor.

Prima etapa a proiectului a constatat in cercetarea in domeniul dizabilitatilor (am creat un Glosar de termeni), al legislatiei din Educatie privind incluziunea persoanelor cu dizabilitati in invatamântul de masa si in organizarea concursului pentru crearea LOGO-ului proiectului. De asemenea, s-au aplicat chestionare elevilor si profesorilor din liceu, pentru a putea realiza plus valoarea pe care o asteptam la sfarsitul proiectului.

In etapa a doua, am constientizat cu toti ca, prin colaborare cu ceilalti, ambitie, deschidere, orice persoana poate reusi in viata. Activitatile pentru mobilitatea din Slovenia le-am facut online, dar am reusit sa ne atingem telul propus.

Ne-am bucurat ca mobilitatea a 3a, la Bucuresti, ne-a permis derularea activitatilor planificate, desi echipa italiana a fost tot online. Elevii si profesorii au fost foarte dornici de organizare, de a derula activitatile, dat fiind ca lazaristii duc dorul multiplelor activitati cu care sunt obisnuiti in liceul lor.

A fost o experienta culturala bogata, in 3 limbi de circulatie internationala : engleza, franceza si spaniola. Diversitatea scolilor implicate, a metodelor de lucru pe temele proiectului (dat fiind ca una din scolile din Spania este o scoala pentru copii cu nevoi speciale), diversitatea ajutoarelor pe care le-am avut din partea comunitatii locale, sprijinul profesorilor liceului nostru, au contribuit la o mobilitate bogata, interactiva, din care am invatat multe lucruri, in care am facut ateliere impreuna si in care deschiderea catre diversitate si incluziune a fost la cote maxime.

Partenerii nostri locali, carora le multumim, au fost :

- Scoala Speciala nr.1 - Bucuresti, reprezentata prin dna psiholog Stamin Elena, care lucreaza cu copiii cu dizabilitati si care, dupa prezentarea scolii si a activitatilor pe care le desfasoara cu copiii, ne-a ajutat cu o formare in acest domeniu. Multumim !
- Scoala Speciala pentru deficienti de auz « Sfânta Maria » . Multumim doamnei director, personalului primitor si copiilor cu care am colaborat la atelierul de Craciun ! A fost o întâlnire care ne-a imbogatit !
- Clubul Seniorilor « Râmnicu' Vâlcea », sector 3 - Multumim conducerii clubului, dlui Dumbrava si seniorilor pentru frumoasa colaborare intergenerationala cu elevii din proiect !
- Asociatia « Oameni, Valori, Fapte », prin deschiderea careia am initiat corespondenta intre seniorii Centrului de batrani Mironesti, jud. Giurgiu si seniori din centrele Ephad din Toulouse, Franta pe langa activitatile de voluntariat realizate in beneficiul atat al centrului, cat si al elevilor nostri, care au fost impresionati, dar si bucurosi sa ajute. Cu ocazia vizitei la Centru, elevii au avut ocazia sa realizeze un interviu cu personalul de ingrijire, inclus in proiect. Va multumim, dna Beatrice Culda !

- Echipa de robotica a liceului « Titans » care ne-a prezentat utilitatea robotilor si aplicatiilor pentru persoanele cu dizabilitati. Le multumim lor si dnei Simona Popa, profesor coordonator
- Irina de Hillerin - consilierul liceului. Multumim pentru formarea din cadrul proiectului, privind dizabilitatile in cadrul scolar si masurile pe care le putem lua !
- Laura Stiefter - fosta eleva a liceului, nevazatoare, profesor de religie in prezent. Laura ne-a prezentat parcursul ei, greutatile si persoanele de sprijin, metodele folosite pentru a se descurca cu succes zilnic.

Mobilitatea din Bucuresti



PROGRAMME ERASMUS+ / PARTENARIATS STRATEGIQUES
PROJET N° / PROJECT N° : 2020-1-FR01-KA202-080287

ACCENTUONS L'INCLUSION EN DÉVELOPPANT EN EUROPE L'ENTRAIDE ET LA SOLIDARITÉ

EMPHASISING INCLUSION BY DEVELOPING MUTUAL AID AND SOLIDARITY IN EUROPE

ERASMUS MOBILITY-BUCHAREST, ROMANIA - 13th-17th DECEMBER 2021

14 th December	15 th December	16 th December
• 10:00-11:00- Welcome to National College 'Gheorghe Lazar' - online activity - Auditorium + School Presentation & Tour • 11:00-12:00- Meeting with the school counsellor (PPT presentation) -online activity - Auditorium • 12:00-1:15pm - Showcase of students work for Mobility 3 (partners presentations)-online activity- Auditorium Romania - 'A day of my life' testimony - Mateea Cerchez (1:15pm- 1:30pm - PPT Bucharest- Cristiana & Sara) • 2pm- 3:00pm - Lunch Break - Vatra • 3:15pm-4:00pm- 'A Day in the Life of a Disabled Person' - Meeting Laura and discover Lazar & the Cismigiu Garden on foot together. - recorded activity -Festivity Hall. • 4:00pm-5:30pm - Visit the city	• 9:30-10:00- Presentation on special schools & troubles (Mrs. Stamin, a psychologist working with disabled children) -online activity - Auditorium. • 10:00-11:00 - Alzeimer App Presentation & Titans - robotic team -online activity - Auditorium. & ICT lab • 11:30- 1:00pm- Visit the children from a special school - Workshop with children there- making crafts for Christmas -recorded activity • 1:30pm- 2:30- Lunch Break - Allucinante • 3:30pm-5:00pm- Visit to the Parliament • 5:30pm-6:30pm - Teachers' discussion - Ibis conference room	• 9:30am-10:30am- Showcase of the visit to the House of the Elderly-online activity (video) - Cristiana, Sara, Mateea, Adina, Maria H - Auditorium. • 11:30am- 12:30pm- Visit to the Centre of Senior Citizens "Râmnicu Sarat" - recorded activity - Workshop 1. Painting (15') 2. Gym (15') 3. Digitalisation (15') - Postal cards - Life of the caregivers • 2:00pm-3:30pm Lunch Break - Caru'cu bere • 3:30- 5:pm - Visit of the City • 7:00pm- Dinner together

DISADAPTIVE BEHAVIOUR IN CHILDREN AND ADOLESCENTS IN THE SCHOOL ENVIRONMENT

IDENTIFICATION AND MANAGEMENT IDEAS FOR TEACHERS

PSYCHOLOGIST, SCHOOL COUNSELLOR,
IRINA DE HILLERIN

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and Solidarity in Europe
Accentuons l'inclusion en développant en Europe
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Erasmus+

THE SYSTEM OF SPECIAL EDUCATION AND SPECIAL INTEGRATED EDUCATION FROM ROMANIA



Mobilitatea din Italia:



Hi! I just want to share with you my experience of being part of the Erasmus programme. Based on my previous involvement in other projects I said, yes' at once not realising at the time the chance I had to meet such dedicated and determined people to change attitudes among the youth.

Now, at the end of the programme I realise that apart from discovering cultural aspects worldwide, I have also got far more knowledge about how to deal with dyslexics, with students with dyscalculia or ADHD young people.

I really value my experience in the programme appreciating all the meetings I had with our partners.

ROXANA BANU – English teacher



Being my first time participating in an Erasmus project, I did not have a lot of expectations. So, when I arrived in Italy I was completely overwhelmed by the teachers and the students that greeted us with lots of kindness. We exchanged thoughts about the trip and discussed the schedule for the following days. Every country held a presentation about their contributions in making disabled people's lives easier and all of us had something to learn from it.

Additionally, we made some strong bonds throughout those four days, it was interesting seeing how different we behave due to the cultural differences. I enjoyed the visits to the historical sites of Viterbo the most, where the Italian students explained to us the important events that had taken place there.

What I learnt from this project is to be more aware of other people's problems. I have been encouraged to get more involved in what I believe is important and also to fight for those that can't stand up for themselves.

I would like to thank every participant of this project for the implication and dedication and I hope that we will meet again soon!

Daria Motoc

🇪🇺 **Mobilitatea din Spania**, San Juan d'Alacant - 24-26.05.2022

TUESDAY, 24TH OF MAY 2022

- Reception at the Town Hall
- Presentations at Lloixa School
- Santa Barbara castle



WEDNESDAY, 25TH OF MAY 2022

- Villajoyosa city and chocolate factory “VALOR”
- Castell de Guadalest
- Visit to Benidorm



THURSDAY, 26TH OF MAY 2022

- Visit to San Rafael Centre
- Visit to CEE El Somni workshops
- Farewell dinner at CEE El Somni



FEEDBACK

I think the greatest aspect of this mobility would be that it has played a huge part in my personal development, helping me connect with people from other countries, learn about the differences between other cultures and my own and providing me with means of improving my foreign language skills. Moreover, I believe it has helped me be more aware of other people and their needs, seeing as this mobility aimed to discuss the theme of inclusivity. I also enjoyed the fact that all of this was achieved without neglecting fun and adventure, as we were met with hospitality by the host team and there was not one moment when I felt bored or unsatisfied with the mobility.

The only thing that I can think of that I would like to improve would probably be the duration of the mobility because I felt that 3 days just isn't enough to make more meaningful connections with the hosts and the other exchange students.

Overall, I think this project was an unforgettable experience which surely exceeded my expectations. I would definitely want to participate in more Erasmus mobilities, and I hope I get the chance to in the time I have left in high school.

Dulica Mihaela-Cristina

Erasmus was more than just a simple foreign departure. It was a complete experience! I participated in activities that filled my soul with happiness and experienced things I never thought I would experience. I met wonderful people who made my life richer and with whom I will always keep in touch. I have visited spectacular places, but most of all I have put a smile on the faces of children in need. This experience changed my way of thinking and enriched my soul!

Mateea Cherchez



One of my favourite parts of this mobility was represented by the inclusion that could be seen in every activity that we did. We've learned so much from these 3 days and we actually saw how the purpose of the project had been achieved.

I enjoyed every single activity that we did! We could see people with disabilities receiving help from us and others and in this way we saw their needs. Therefore, through every workshop-game we've learned how to include everyone and how to behave in certain situations. This was my favourite aspect of this mobility, that every activity included everyone. We all were together and we tried to communicate with every single person even if there was a barrier language. We tried to make all people feel safe, heard, grateful and happy!

I liked the places where we hold our presentations, we had everything we needed! It was a safe place where we felt connected with everyone. I am so grateful that I could see so many beautiful places with all these international beautiful people!! I can say that I felt the essence of Spain!

We had enough free time where we connected more between us, we've learned so many new information about living in other countries and their traditions, we discovered that there is no big difference between us and we are all better together!

I am glad that we could see a part of Spain while we did the activities together! There were no negative aspects, maybe the time was too short. This was one of my favourite experiences of all time! I hope I will be able to take part in these type of activities more often!

Ioana Stamin

The meeting in Spain with the project partners was exciting and full of learning opportunities. Meeting again, after having met at the mobility in Bucharest, the children hugged each other and their joy was the predominant feeling during their time spent together. As the project is about inclusion, we did the activities with students from the two Spanish schools involved in the project: El Somni and Lloixa. The students from El Somni taught us the joy of living, of being useful: we created badges with the name of the project, flowers made of felt and ice cream sticks, bracelets with the names of the volunteers. The children showed us how skilled they are in the kitchen and taught us recipes, they taught us pure and simple joy.

-Prof. Irina Dinica

This was the first time I participated in such a project. It was a wonderful experience because we saw three examples of good practice in how people with disabilities are treated. The state and the local community get involved and the staff in the three institutions, teachers, therapists and medical staff, treat them with professionalism, respect and empathy to increase their independence and inclusion in society. The activities have been very varied and have allowed the children with disabilities to relate very well with Romanian students. The hosts were very welcoming.

Thank you for the opportunity.

-Prof. Larisa Georgescu



Mobilitatea din Franta - 26.09-03.10.2022

TUESDAY, 27TH OF SEPTEMBER 2022

- Each country presented their projects and had a tasty snack
- We visited the Japanese garden and had a picnic in the parc
- We walked around Toulouse and visited the city hall



WEDNESDAY, 28TH OF SEPTEMBER 2022

- The students took a tour of the school and had the chance to attend some of the classes
- We went in town to have lunch and had a great time with the other students
- We walked around the town and visited the local shops



THURSDAY, 29TH OF SEPTEMBER 2022

Visit of the retired home in Cadalen which included workshops with residents, handing the resident the specially designed notebooks containing customized and meaningful messages for each of them ; all students sang the chosen song to the elders
The visit of Albi where we had the opportunity to see the cathedral and the Gardens of Berbie Palace





FEEDBACK

I am profoundly grateful for all of the experiences I had through the trip to Toulouse. Not only did I learn a multitude of historical facts about this beautiful city but I also enjoyed socializing with the other students in the program with the aim of overcoming social discrimination regarding our community's members. I believe the theme of this project was very well chosen and reflects a true need in our society. This makes me even more happy for having been offered the opportunity to be a part of this project.

Cristiana Neagu

For me, the trip to Toulouse, although brief for I enjoyed it so much I would have stayed there for longer, consisted in one of the most impressive and unique experiences of my life. I can never be too grateful for this opportunity that had been given to me and I hope I will be able to revisit those beautiful places someday.

What I found most engaging and touching were the unique life stories I heard from the elder people we visited while in France. It was incredibly moving to witness a glimpse into their lives and that visit to the nursing home really made me realize we should pay more attention to the elders around us, elders who have once been just as young as us and whose life stories shouldn't be neglected.

Sara Ionescu